

New Wine



SPACE AGENCY

ACTIVITIES
AGES 10-11



UNITED KIDS DAY/1



WE FOLLOW GOD FAITHFULLY WHO GUIDES US AND FORGIVES US.



I am the way, the truth, and the life; no one goes to the Father except by me.

(John 14:6)

Key Points

- > Jesus is our Captain who we can know, love and follow.
- By following Jesus, he shows us the way to Father God who we can be with forever!

Discuss

| 1. | Who do you love to spend time with and try to follow (act like)? |
|----|---|
| | |
| | |
| 2. | Knowing and following Jesus is amazing! Chat about what you know about Jesus and how you feel about him. Is Jesus someone you follow? |
| | |
| | |
| 3. | Jesus showed us incredible ways to act, speak and treat others so that we can be like him. What can you do today that is like Jesus? |

NWSA Training Challenge

| Find someone who you know follows Jesus. What question would you like to ask them? |
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| Write down their answer below. |
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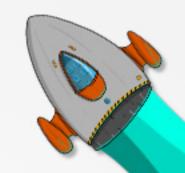


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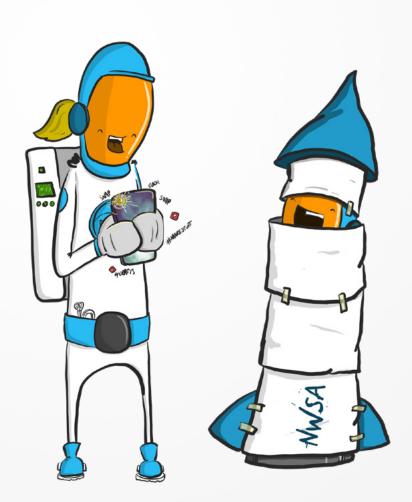




If we're going to fly to space then we're going to need a rocket!

Today, you need to make a rocket out of your recycling. This is going to be your spacecraft. You can make it look however you want! Does it have wings? Does it have rocket boosters on the bottom? Did you draw a pink unicorn on the side?

It's your rocket, make it look awesome just like you!

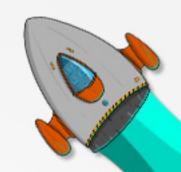




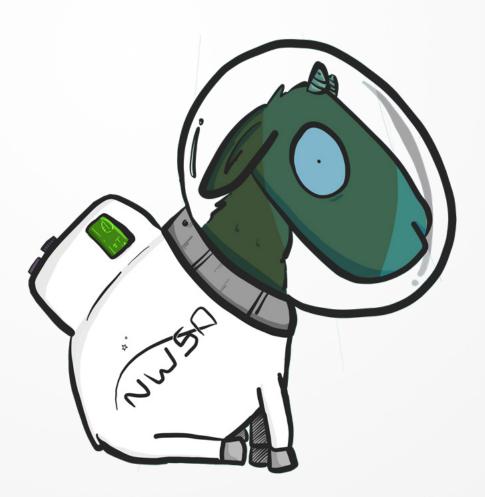




FOLLOW AN ANIMAL



Find an animal in the park or garden. It could be your pet, a bird or an insect. See if you can follow it for 5 minutes. Was it hard or easy? Sometimes following God is hard, sometimes it's easy, but it's always worth it!

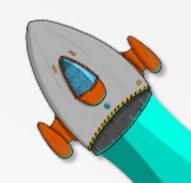


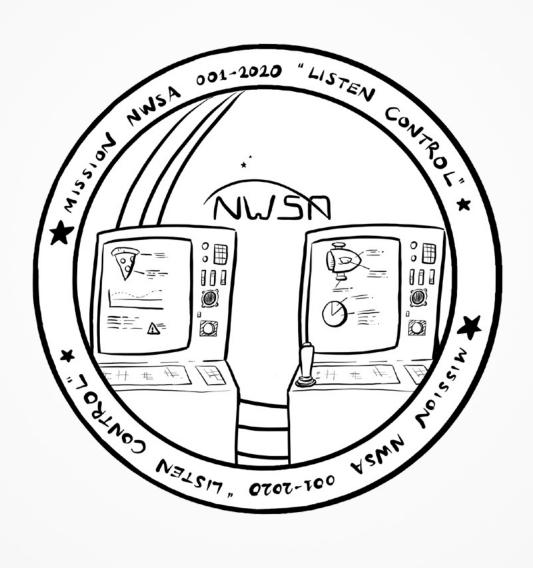






COLOURING IN











Game



Equipment:

- Paper cups

Players have 1 minute to completely stack and unstack 36 cups into a pyramid.

youtu.be/IwbXsv4Ry5A







UNITED KIDS DAY/2



WE WORSHIP GOD WHO IS GOOD AND DESERVES OUR PRAISE.



Rejoice in the Lord always. I will say it again, Rejoice.

(Philippians 4:4)

Key Points

- > Jesus loves it when we worship him.
- > Just like Paul and Silas, worshipping changes things!
- > We can worship Jesus in lots of different ways.

Discuss

| 1. | What are the things in your life that you are most thankful to God for? |
|----|---|
| | •••••• |
| | |
| 2. | What's a new way of worshipping God you want to try? |
| | ••••• |
| | ••••• |
| 3. | What's your favourite song we have sung so far? What is that song trying to say to God? |
| | |
| | ••••• |

NWSA Training Challenge

Have your own praise party – using balloons, ribbons etc.

Make a worship banner together.

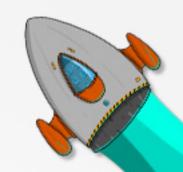


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Astronauts have to exercise lots and be ready for anything. Head into the park or your garden and try to do all these exercises. Then you'll be ready to fly to space!

- > Run on the spot for 2 minutes
- > Do 15 star jumps!
- Do 4 forward rolls point your arms above your head and pretend to be a rocket! Run around for 2 minutes. Let's hear those rocket noises too!











WORSHIP

Worship is a bit like screaming how amazing God is and saying thank you for the things he has done for us. Think of 5 things that you want to say thank you to God for. You can write them down, draw them, or make them out of playdough if you have some.

1. 2.

3. 4.

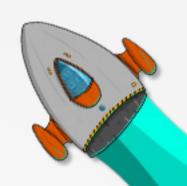
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COLOURING IN











Game



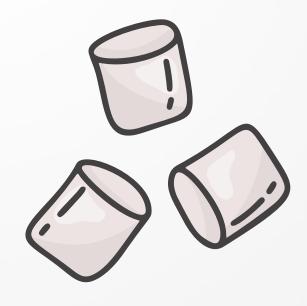
MARSHMALLOW RACE

Equipment:

- Marshmallows
- Straws
- Something to create a start and finish line

Each side uses paper straws to try to blow the marshmallows to the other side of the line. The team with the most after one minute wins. Each person plays individually and has one minute to blow a single marshmallow from one side of the table to the other.

youtu.be/MA3H8iB3Ras















Pray in the Spirit at all times. Pray with all kinds of prayers and ask for everything you need. To do this you must always be ready. Never give up. Always pray for all God's people.

(Ephesians 6:18)

Key Points

- > Prayer is powerful because of the one we pray to!
- > There are lots of different ways of praying.
- > Prayer keeps us connected with God.

Discuss

| 1. | Have you ever seen God's power at work? |
|----|---|
| | ••••• |
| | •••••••••••• |
| 2. | Can you think of something that's happening now or something that's about to happen in your life that you would like God's help with? |
| | ••••• |
| | •••••• |
| 3. | God loves it when we chat to him. Where is your favourite place to talk to God? |
| | ••••••••••• |

NWSA Training Challenge

Find items that remind you of people you know and then pray for them!

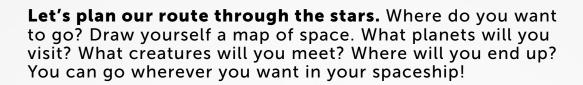


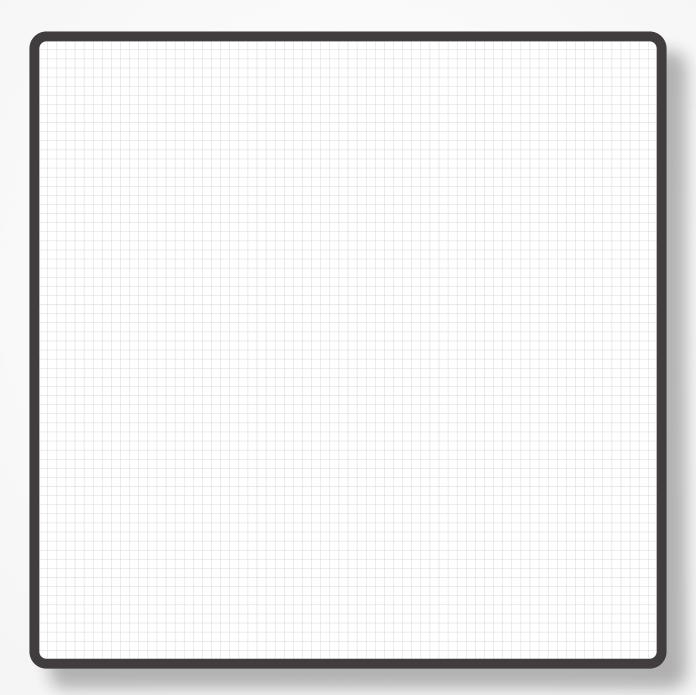
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PLAN YOUR ROUTE!













PRAY

Praying to God is just like chatting to a friend. God loves chatting to us, whatever it is about. Here's some things you could tell God today:

What's your favourite ice cream flavour?

Where do you want to go on holiday?

What's your favourite joke?

Who is your best friend?

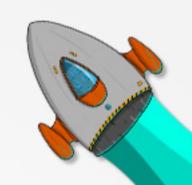
What do you want help with?











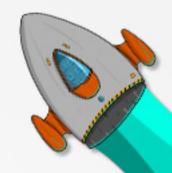








Game



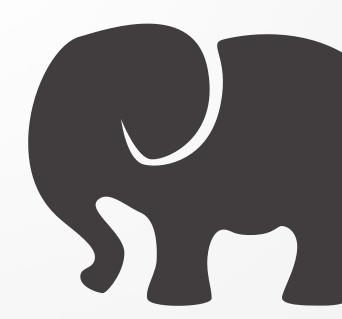
ELEPHANT MARCH

Equipment:

- Bottles
- Tights
- Ball

Contestants wear tights on their heads weighed down by a ball. The object of the challenge is to knock over all the water bottles. The water bottles are placed on either side of the participant. Swinging from left to right, and using the 'Trunk' to knock down the water bottles.

youtu.be/zycg87fmLvM

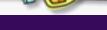






UNITED KIDS DAY 4





WE TELL GOD'S STORY.



So, he came to them and said,
"All authority in heaven and
on earth is given to me. So,
go and make followers of all
people in the world."

(Matthew 28:18-19)

Key Points

- > The story of love is the best news we can ever hear.
- > Jesus asks us to tell others about him.
- Jesus can give us boldness and helps us to share the story of love.

Discuss

| Diacon |
|---|
| 1. What is the story of love? |
| |
| ••••••••••••••••••••••••••••••••••••••• |
| 2. Why is it good news for you? How has Jesus changed your life? |
| ••••••••••••••••••••••••••••••••••••••• |
| ••••••••••• |
| 3. How would you share that with others? |
| |
| ••••• |
| 4. Who would you share this good |
| news with? |
| ••••• |
| • |

NWSA Training Challenge

Sit in a circle and ask the adults questions about how they learnt the story of love – but they only have 30 seconds to answer!











It's time for lift off! Who do you want to take with you?

Pack a small bag of things you might need in space. The challenge is to find 10 ordinary objects in your house and invent a crazy use for them in space. Maybe your TV remote is actually the controls for the spaceship, or a spoon is actually a pocket-sized satellite that you're going to use to contact Earth. Gather your items, grab your rocket and LIFT OFF!











TELL

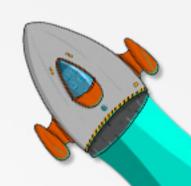
| Come up with a short story about your space adventures: |
|--|
| Ask someone in your household if you can tell them the story. Maybe afterwards you can tell them the best thing you have learnt this week at United Breaks Out. |
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COLOURING IN



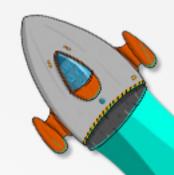








Game



ROLL ON, BUDDY

Equipment:

- A potato or onion
- Something to create a start line and finish line

Roll your vegetable across the floor from one side of the room to the other using only your nose!

youtu.be/WX-tWY9FxOQ







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